



# Warren CERT eNews



***Not if..... When Always Vigilant - Always Prepared***

**Volume 2 Issue 8**

**October 2016**

This newsletter is brought to you by the Executive Board and is meant to give you the latest news and information from around the organization.  
*Editor - Mike Riley*

## **IN THIS EDITION**

- The First 72 is on you
- The President's Volunteer Service Award (PVSA)
- Are you prepared Quiz
- Call-Out Review
- Scheduled Events & Training
- Additional Information
- Emergency Alcohol Stove
- Do 1 thing

## **THE FIRST 72 IS ON YOU**

### **The Need To Prepare Is Real**

In a disaster, emergency workers and emergency services will be overwhelmed by demands for service.

In a major disaster, emergency workers may not be able to reach everyone right away. In some cases it may take 3 or more days for help to arrive.

In the aftermath of a disaster the needs are often greater than professional emergency service personnel can provide.

What would you do if you had no electricity, no gas, or no water?

Having a plan for your family and their needs will increase their safety and comfort during those difficult times.

The best way to make your family and home safer is to prepare before the disaster happens. Building a disaster plan and stocking up on disaster supply's are simple and effective ways to make sure a family has enough water, food, medicine and all other essential supplies when other resources may not be readily available.

Disasters disrupt hundreds of thousands of lives every year. Each disaster has lasting effects to both people and property.

Being prepared can reduce fear, anxiety, and losses that accompany disasters. You should be ready to be self sufficient for at least three days.

Be able to provide your own shelter, first aid, water, and sanitation.

**You need to know how to respond to severe weather or any disaster that could occur in the City.**

## PRESIDENT'S VOLUNTEER SERVICE AWARD (PVSA)

The City of Warren CERT team is proud of our first PVSA award recipient.

Coordinator Jo Ann Christian has earned recognition for obtaining 326.5 Certified Award Hours.

**Every member should sign-up and start to log all your community service.**

Please go to <https://www.presidentialserviceawards.gov/register-vo> and create your own account. Each person must create your own account! To associate your account to the Warren CERT team you must reference our **Record of Service Key WBU-4628**



## ARE YOU PREPARED QUIZ

- 1) Do you have a personal emergency plan?** You should have a plan! Consider items like family communication, sheltering in place and leaving your home.
- 2) Do you have a three-day supply of non-perishable food at home to survive without power?** Three days is a minimum. Stock up on canned items including fruits and meats (tuna, chicken). Items that are easy to open and are ready to eat. Remember to rotate your stock; use them and replace every six months to a year. Keep food preparation and cooking in-mind when choosing storage rations.
- 3) Do you have enough water for your entire family (including pets) for three days?** The rule of thumb is to store at least one gallon per person per day for at least 3 days. 2 quarts for drinking and 2 quarts for food preparation and sanitation. A family of four should store a minimum of 12 gallons of water. Pets will need at least a gallon, per pet, for the 3 day period. These are minumums, more is better!
- 4) Do you have cash on hand, in small bills, to make basic purchases.** Small bills are better - \$1, \$5 and \$10.
- 5) Do you have a power pack/external battery for your cell phone/tablet?** Keep the power pack charged. Invest in a Solar charger too.
- 6) Is you Go-Kit packed and ready?** Your kit needs water, food, battery-powered or hand-crank radio, hand-crank flashlight, batteries, first aid kit, filter mask, whistles, moist towelettes, manual can opener, duct tape and plastic sheeting, garbage bags and ties, and unique family needs such as prescription medications, pet food/supplies, infant formula and diapers and important family documents.
- 7) Have you designated a person outside the area to use as your family communications hub?** Ask a family member out of state to be the contact person for family members separated after a disaster. This keeps local phone lines and cellular signal free for emergency responders.
- 8) Do you have a plan for your pets, including emergency food supply?** Recent changes allow for individuals to shelter their pets in the event of an emergency. People should have food, water and vaccination records on their pet ready to go in the event of an emergency.
- 9) Do you have a first aid kit and is it up to date?** Check your kit and replace outdated items. Keep family & pet prescriptions stocked. Check dates on bandages & medications in your kit.
- 10) Are you trained in CPR and first aid?** Training will help you be prepared in an emergency. Not only will you be able to help your family, you will be able to help others in need and make the community safer.

## CALL OUTS AND DEPLOYMENTS

Sat 9/3 17:10 - 18:45 PD requesting assistance for 3 traffic light out.

Wed 9/7 10:25 - 13:10 PD is requesting CERT for traffic lights out.

Sat 9/10 18:00 - 22:00 Disaster Drill/Training

Tue 9/13 16:00 - 20:00 Leason's Fund Raiser

Wed 9/14 15:40 - 19:30 (Call for more assistance @ 17:12) Downed wires from accident.

Sat 9/24 08:30 - 14:30 Warren Animal Welfare Clinic

Sat 9/24 10:00 - 16:00 KMart Safety Day

Sat 9/24 10:00 - 13:00 Warren-Mott Homecoming Parade

9/25 10:00 - 14:00 Farmer's Market

*Thank you each and every member.*

*Your commitment to the CERT team and City of Warren is appreciated!*

## UPCOMING EVENTS

Full details available at meetings, emails, and official CERT calendar

October 1 Saturday CERT General Meeting 09:00 - 13:00

October 1 Saturday Warren Historical Commission Fitz Dedication 14:00—17:00

October 8 Saturday Fitzgerald Homecoming Parade 11:00—13:00

October 11 Tuesday 16:00 - 20:00 Leason's Dairy Bar & Grill - Fund Raiser—**FINAL ONE THIS YEAR!**

October 15 Saturday 16:00 - 21:00 Harvest Treat / Trunk -N- Treat  
Candy / Item Hand-Out & Patrol (Rocks by Garage and others)

October 23 Sunday 10:00 - 12:00 PM Relay for Life Zombie 5K

November F/A-CPR-AED Dates: November 12, 13 and 19, 2016 All members need to attend one of the classes to re-certify your credentials.

December 3 Saturday Tree Lighting

**Mark Your Calendar—2017 General Meeting Dates:**

**February 4, April 1, June 3, August 5, October 7, December 2**

**Make sure you subscribe to the official CERT calendar for the latest information and updates.**

## EXECUTIVE BOARD

<u>Title</u>	<u>Name</u>	<u>Phone</u>	<u>Email</u>	<u>Ham Call Sign</u>
Director	Michael Riley	586-943-6110	mriley@warrencert.org	kd8fmg
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Treasurer	Michael Slupinski	586-214-4704	deploytheyak@outlook.com	kd8vdz
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Coordinator	Ryan Prouse	248-259-1226	ryanprouse68@gmail.com	kd8ygv
Coordinator	Jim Parsons	586-306-2724	jimparsons@comcast.net	kd8sua

## IMPORTANT INFO

Your executive board is looking for assistance. Would you like to opportunity to assist in planning, organization, or other duties to assist CERT? The board is accepting requests from members looking to get more involved with the team. Email your interest to [execboard@warrencert.org](mailto:execboard@warrencert.org)

**MACOMB COUNTY ARPSC**  
Amateur Radio Public Service Corp.  
An ARES/RACES Organization

When all else fails - ham radio doesn't  
*Help your community stay connected when disaster strikes*

The distinguishing characteristic of Amateur Radio  
A mix of fun, public service and experimentation

*Macomb County ARPSC meets once a month on the 3<sup>rd</sup> Thursday of the month September through June. Our meeting location is Macomb Intermediate School District located at 37623 Garfield Rd, Clinton Township, Michigan from 7-9 p.m.*

Join our net on Thursday's at 8:00 pm on 147.200 (+100 hz)

Please like our Facebook page [Facebook.com/wrncert](https://www.facebook.com/wrncert)

Don't forget to tell your friends and neighbors, about CERT.  
Were always looking for good people.

## SIMPLE EMERGENCY ALCOHOL STOVE

I saw this very cool little device years ago and used it many times. It's making a resurgence; I have seen a lot of new posts & articles on it.

This is a very easy and useful tool.

### AS WITH ANY OPEN FLAME UTMOST CARE MUST BE USED WHEN MAKING AND OPERATING!!

The parts needed are simple:

- 1) A quart "paint can type" container w/lid. Soup cans can be used also. I like the paint type can so I have a permanent lid. Make sure is un-lined plain steel can!
- 2) Rolls of toilet paper. The cheaper the better.
- 3) Bottles of isopropyl alcohol. Again the cheaper the better.



Instructions are very simple;

- 1) Tear the cardboard roll out of the center of the TP roll.



- 2) Squeeze/fold the TP roll into the tightest "roll" you can.

- 3) Push squeezed roll into can. The tighter the better. Use a 2nd roll of TP if necessary.

- 4) Soak the TP with the alcohol. Keep pouring until completely saturated.

- 5) Light it up....



Variations on a theme:

- 1) Cut a quarter sized hole in the lid to slow down burning rate.
- 2) Get a 1 gallon "paint can" poke holes around the bottom. Get a piece of heavy grating or drill a bunch of holes in the 1 gallon lid. Prior to lighting the stove place it in the gallon can. Light stove, place grate on top and you have a true cooking surface.
- 3) After using the stove place lid on to quench flame.
- 4) Stove and extra supplies can be stored in the gallon can. Makes it all a neat little go kit addition.
- 5) Typical alcohol is +/- 70%. I prefer to use 90 to 97%. Its what I normally have around (for cleaning electrical items) and burns a little cleaner (in my opinion).

*Remember to use your stove outside or have fresh air venting!*

**A couple of videos:**

<https://www.youtube.com/watch?v=vvhjXYG1peQ>

<http://www.littlethings.com/toilet-paper-metal-can-heater/>

# do thing

Being prepared for disasters and emergencies can seem like a big job. Many people don't know where to start, so they never start at all. With Do 1 Thing you can take small steps that make a big difference in an emergency.

Do 1 Thing is a 12-month program that makes it easy for you to prepare yourself, your family, and your community for emergencies or disasters.

Warren CERT is proud to be a partner with do 1 thing. Every month we will be showcasing some of the information from do 1 thing for Individuals and Business's.

**Goal for October: Be able to safely meet your basic needs during an electrical outage.**

## **Individuals:**

We count on electricity for heat, food, and medical needs. Many gas appliances even need electricity to run. A power outage is an emergency that often follows another emergency—like a hurricane, tornado, or winter storm. That makes it even more important to be prepared in advance

## **Be Informed:**

Power : Have flashlights ready in an easily accessible place and check batteries in flashlights and radios.  
Power : Acquire and learn how to safely use a portable generator.  
Power : Create a power outage plan and decide what you can do before, during and after a power outage to minimize the effect on your household.

Read More: <http://do1thing.com/topics/power>

## **Business:**

**Create emergency and continuity plans that will guide your employees and your business through disaster.**

## **Tasks:**

Emergency Plans : Create emergency plans for your building.  
Emergency Plans : Create contingency plans for your business.  
Emergency Plans : Formalize your emergency plan.

Read More: <http://do1thing.com/topics/plans>

Thank You to  
do1thing  
<http://do1thing.com/>  
A Warren CERT Partner