



Warren CERT eNews



Not if..... When Always Vigilant - Always Prepared

Volume 2 Issue 7

September 2016

This newsletter is brought to you by the Executive Board and is meant to give you the latest news and information from around the organization.
Editor - Mike Riley

IN THIS EDITION

WaterBOB

The President's Volunteer Service Award (PVSA) sign-up

Batteries

Call-Out Review

Scheduled Events & Training

Additional Information

Survival Bread

Do 1 thing

WATERBOB

The waterBOB® is a water containment system that holds up to 100 gallons of fresh drinking water in any standard bathtub in the event of an emergency. Constructed of heavy duty food grade plastic, the waterBOB® keeps water fresh and clean for drinking, cooking, washing and flushing. Water stored in an open bathtub, with dirt, soap film and exposure to debris will spoil and become useless.

The waterBOB® is very easy to use. Simply lay the liner in any standard bathtub, attach the fill sock to the faucet and fill the bladder to capacity, which takes approximately 20 minutes. A siphon pump is included to easily dispense the water into jugs or pitchers. Never wait in line again to buy expensive bottled water! Be prepared with the waterBOB®

www.waterBOB.com

- > Fits any standard bathtub
- > Holds up to 100 gallons of water
- > Includes a pump to dispense water into jugs or pitchers
- > Constructed from heavy duty food grade FDA approved plastic
- > Keeps water fresh and clean for up to 16 weeks
- > Use the stored water for drinking, cooking, washing and flushing
- > Water stored in an open bathtub is exposed to dirt and debris
- > Easy to hook up to the bathtub faucet and fill in about 20 minutes
- > Designed for a one-time use and recyclable

[waterBOB Video](#)

PRESIDENT'S VOLUNTEER SERVICE AWARD (PVSA) SIGN-UP

As another level of recognition and acknowledgement for all the time volunteered by our members CERT has added the ability for members to qualify for the **President's Volunteer Service Award** or PVSA.

Please go to <https://www.presidentialserviceawards.gov/register-vo> and create your own account. Each person must create your own account! To associate your account to the Warren CERT team you must reference our **Record of Service Key WBU-4628**

Every member should sign-up and start to log all your community service. You can list any service; it does not have to be directly related to CERT. As you can see below there are references to many different types of service.

Any community volunteer work is allowed to be added for review. Any other groups or teams you volunteer can be submitted for consideration. For example RACES/ARES, Ducks Ltd., any city commissions, Red Cross, any non-compensated training you do or work you perform may be submitted.

BATTERIES

Batteries are a big part of our lives. In a worse case scenario batteries will be OK for a while but once they started to run out these little power houses of energy could be the down fall. Batteries are actually confusing little things, so many different sizes and types. I found a great article that explains the different types of batteries and goes over each one.

Michael Bluejay's Battery Guide

AA & AAA - As the most common battery types, AA and AAA batteries should make up the majority of the battery stockpile. A 24-pack of brand name batteries costs around \$22 at brick & mortar stores; there are more affordable 24-pack eco-friendly AAA batteries available online for \$15.

C - Unless you have a critical emergency device operating on C batteries, this size is usually a non-essential. Still, it can't hurt to stash away a small pack of 4 (around \$8) for anything that may come up.

D - D-cell batteries are common for powering heavy duty flashlights and some other emergency devices, so keep a stash of these around. A 12 pack can be had for around \$12 online.

9-Volt - It's highly recommended to keep as many 9-volt batteries for smoke detectors in the house—a two-pack covers my small apartment for \$10. Murphy's Law: assume the batteries in smoke alarms will all burn out at once during an emergency power outage, leaving less-prepared homeowners with an endless cacophony of beeping.

- > Keep batteries in original packaging when possible.
- > Do not store new and used batteries together.
- > If a battery feels warm, it should be discarded.
- > Ideally, batteries should be stored in a cool, dry place.
- > Never store batteries at temperatures over 130 degrees F.
- > Remove batteries from equipment if it is not going to be used for 30 days or more.
- > Don't remove plastic caps from 9V batteries until it is time to use them.
- > Don't let the terminals of stored batteries come in contact with each other.

A solar power battery charger which is relatively inexpensive and an excellent way to charge your batteries and devices off grid!



CALL OUTS AND DEPLOYMENTS

Saturday 8/6 General Meeting

Wednesday 8/10 Active Shooter Event 132.5 Hours (Event & Planning)

Tuesday 8/16 Flooding multiple locations 9 Mile & Stewart, 12 Mile & Hoover 7.5 Hours

Tuesday 8/16 multiple Downed Wires 4800 Reader, Cousino & Buchanan, 696 & Bunert 20.5 Hours

Tuesday 8/16 Leason's Dairy Bar

Thursday 8/18 Downed Wire (13 & Dequindre) 9.5 Hours

Thursday 8/25, Friday 8/26, Saturday 8/27 Birthday Bash 75 Hours

Thank you each and every member.

Your commitment to the CERT team and City of Warren is appreciated!

UPCOMING EVENTS

Full details available at meetings, emails, and official CERT calendar

September 10 Time TBD CERT Mock Disaster Exercise

September 13 Tuesday 4:00 PM - 8:00 PM Leason's Dairy Bar & Grill - Fund Raiser

September 24 Saturday Warren Animal Welfare Commission - Vaccination Clinic 8:00 - 2:00

September 24 Saturday Kmart Family Safety Day 10:00 - 4:00

September 25 Farmers Market Chef Able

October 11 Tuesday 4:00 PM - 8:00 PM Leason's Dairy Bar & Grill - Fund Raiser

October 15 Saturday 4:00 PM - 9:00 PM Harvest Treat / Trunk -N- Treat
Candy / Item Hand-Out & Patrol (Rocks by Garage and others)

October 23 Sunday 10:00 AM - 12:00 PM Relay for Life Zombie 5K

November F/A-CPR-AED Dates: November 12, 13 and 19, 2016 All members need to attend one of the classes to re-certify your credentials.

December 03 Saturday Tree Lightning

Mark Your Calendar—2017 General Meeting Dates:

February 4, April 1, June 3, August 5, October 7, December 2

Make sure you subscribe to the official CERT calendar for the latest information and updates.

EXECUTIVE BOARD

| <u>Title</u> | <u>Name</u> | <u>Phone</u> | <u>Email</u> | <u>Ham Call Sign</u> |
|--------------|-------------------|--------------|--------------------------|----------------------|
| Director | Michael Riley | 586-943-6110 | mriley@warrencert.org | kd8fmg |
| Co-Director | Karen Carrier | 586-481-4613 | kcarrier@warrencert.org | |
| Treasurer | Michael Slupinski | 586-214-4704 | deploytheyak@outlook.com | kd8vdz |
| Secretary | Mike Rose II | 586-855-1685 | mrose@warrencert.org | ke8cih |
| Coordinator | JoAnn Christian | 586-980-2055 | kd8stz@yahoo.com | kd8stz |
| Coordinator | Renee Martinez | 586-907-6583 | reneemtz586@yahoo.com | |
| Coordinator | Ryan Prouse | 248-259-1226 | ryanprouse68@gmail.com | kd8ygv |
| Coordinator | Jim Parsons | 586-306-2724 | jimparsons@comcast.net | kd8sua |

GENERAL MEMBERSHIP MEETINGS DATES

October 1st
November CPR Dates: November 12, 13 and 19, 2016
December 3rd

Meetings will be held at Warren Community Center on Arden and are from 09:00 to 13:00 unless otherwise indicated.

**2017 General Meeting Dates:
February 4, April 1, June 3, August 5, October 7, December 2**

IMPORTANT INFO

Your executive board is looking for assistance. Would you like to opportunity to assist in planning, organization, or other duties to assist CERT? The board is accepting requests from members looking to get more involved with the team. Email your interest to execboard@warrencert.org

Please like our Facebook page [Facebook.com/wrncert](https://www.facebook.com/wrncert)

Know someone that would like to receive this eLetter?
Have them email subscribe@warrencert.org

Don't forget to tell your friends and neighbors, about CERT.
Were always looking for good people.

SURVIVAL BREAD

Man cannot live on water alone, we need bread too. Here are a few recipes that report to be perfect for survival due to its long storage potential. These recipes state that they will keep "indefinitely".

Survival Bread 1:

2 cups oats
2 1/2 cups powdered milk
1 cup sugar
3 Tbl honey
3 Tbl water
1 pkg. lemon or orange Jell-O (3oz)



Combine oats, powdered milk and sugar. In a medium pan, mix water, Jell-O and honey. Bring to a boil. Add dry ingredients. Mix well. (If the dough is too dry, add a small amount of water a teaspoon at a time.) Shape dough into a loaf. (About the size of a brick.) Place on cookie sheet and bake at 350 degrees for 15-20 minutes. Cool. Wrap in aluminum foil to store. This bread will keep indefinitely and each loaf is the daily nutrients for one adult. Comments posted with this recipe state that additional water was needed; 1/3 to 1/2 cup additional is what the contributors advised.

<http://thereliantself.blogspot.com/2010/06/survival-bread.html>

Survival Bread 2:

The only required ingredients to make Super Easy Survival bread (SESB) is flour and water. The other meager ingredients, oil and salt, give the bread some softness and flavor and without them SESB is a lot like hardtack, the classic staple survival food of sailors.

You will need these ingredients to make Super Easy Survival Bread (SESB)

1 cup of fine whole wheat flour (buy from store or grind your own)
2 tbsp. of olive oil (optional, also regular vegetable oil works too)
1 tsp. salt (optional, add more or less to taste)
1/2 cup of water



Mix all the ingredients in a bowl and scoop it together into a ball. Lightly dust a cookie sheet, rock, or other flat surface with flour. Pour the dough ball out and knead for 5 mins. Roll out to about 1/8" thin and bake at 350F for 20 mins.

<http://besurvival.com/homesteading/super-easy-survival-bread>

Powers out? No oven? Put it in a dutch oven instead and cook it over a fire. No dutch oven? Throw it on a heated flat rock – or even in the ashes if you don't mind some grit and charcoal flavoring – and flip it a couple of times till lightly brown and firm.

Survival Bread 3:

Hardtack is basically a large cracker made simply from flour, water, and salt. It was known as "sea biscuits" also. It lasts for many years if stored properly so is good for long-term storage for emergency food. It was a main food source during the civil war, Union and Confederate. The Minnesota Historical Society even has a video on Youtube of an authentic square of hardtack from the civil war era that is 150 years old and still edible! ([click here](#))

5 cups flour
2 cups water
3 tsp salt

Just mix the ingredients together, knead for a few minutes on a lightly floured surface, and roll out to about 1/2 inch thick. Cut into 3 inch (or so) squares. You can use a pizza cutter. Bake on an ungreased cookie sheet at 375 degrees for 30 minutes and then flip them over and cook for another 30 minutes.

<http://doablesurvival.blogspot.com/2013/01/hardtack-and-survival-bread.html>



do thing

Being prepared for disasters and emergencies can seem like a big job. Many people don't know where to start, so they never start at all. With Do 1 Thing you can take small steps that make a big difference in an emergency.

Do 1 Thing is a 12-month program that makes it easy for you to prepare yourself, your family, and your community for emergencies or disasters.

Warren CERT is proud to be a partner with do 1 thing. Every month we will be showcasing some of the information from do 1 thing for Individuals and Business's.

Goal for September: Be Informed & Emergency Preparedness

Individuals:

Getting correct information during an emergency is the key to taking safe action. Someone in your household may not be able to receive, understand, or act on emergency information. Think about what special needs your household may have. Take action now to make sure everyone in your family will be safe in an emergency.

Be Informed:

Be Informed : Make sure everyone in your family knows what to do when they hear emergency warnings.

Be Informed : Get a NOAA Emergency Alert Radio.

Be Informed : Make sure everyone in your household can communicate in a disaster.

Read More: <http://do1thing.com/topics/informed>

Business:

Increase the resiliency of your business by encouraging personal preparedness for your employees their families.

Personal Preparedness :

Personal Preparedness : Encourage your employees and their families to participate in Do 1 Thing's personal preparedness program

Personal Preparedness : If you have employees or regular customers with disabilities, take steps to ensure that they will be safe and informed in an emergency.

Personal Preparedness : Train your employees to be ready for emergencies at work.

Read More: <http://do1thing.com/topics/Personal Preparedness>

Thank You to
do1thing
<http://do1thing.com/>
A Warren CERT Partner